Karvounaris Paschalis was born and grew up in Naoussa. He consists the 3rd generation of his music family, having gained the traditions and customs of his hometown. He began his musical activity from the early age of ten years old in the philharmonic band of Naoussa, where he took the 1st price on the trumpet. As a student he participated in local competitions and took a special distinction in traditional-folk music. Part of his compulsory military service was in the Greek military field band of Xanthi, from where he was discharged in 2008. In 2009 he started taking lessons in Alexandros Conservatory in order to certificate his knowledge on Theoretical music and his diploma preparation on Classical trumpet. The same year he was suggested as an expert in the class of Brass instruments of Greek traditional music at University of Macedonia. In 2010 he took over the role of the arranger in wind brass band called Makedoniki Fanfara at the same time he played trumpet in Motel Selenik, a greek folk traditional small orchestra. In 2011 he became an active member of music group 'BAILDSA' who gave plenty of concerts abroad as well as inside the country, having recorded 2 records. In 2015 he took on the philharmonic band of Naoussa as Conductor and tutor. The same year he taught Music Theory and Instrumentation in School of Continuing Education XINI. In 2016 he became charter member of music group MAODONES and from 2017 until 2019 he taught in Music School at Saxophone's class of Veria. From January of 2020 teaches trumpet in the class of Brass instruments of Greek traditional music at University of Macedonia

In his entire career he has had a lot of concerts of classical and contemporary music, more than 200 concerts of Balkan and European music with nationally known music groups.